

**Long Beach Mental Health Center Highlights May as Mental Health Month  
With Stories of Wellness  
By Kathleen Piché, L.C.S. W, Public Affairs Director**



The Long Beach Mental Health Center celebrated May as Mental Health Month on Wednesday, May 14, 2014, with stories of wellness and recovery from clients and educational presentations from the community. Lunch, entertainment and awards provided for a complete day of celebration for staff and consumers.



This year's event started with a welcome by John Lewis, SPSW, followed by entertainment from Andrew Martin, publisher of "Community-Based Treatment". Harold Valery, M.D., shared a message of recovery and wellness. Los Angeles Department of Public Social Services (DPSS), the California Department of Rehabilitation and the

MHA Village had tables set up to provide attendees with resources offering work training, Cal Fresh and other types of community support.

